

Worksop Dolphins Inaugural A/B/C Long Course Open Meet 2019

Meet Schedule

(session times to be determined based on entry level)

SESSION 1 8am warm-up Start 9am

101	Girls	9yrs/over	200m	Freestyle
102	Boys	9yrs/over	100m	Breaststroke
103	Girls	9yrs/over	100m	Breaststroke
104	Boys	9yrs/over	50m	Butterfly
105	Girls	9yrs/over	50m	Butterfly
106	Boys	9yrs/over	100m	Freestyle
107	Girls	9yrs/over	50m	Freestyle
108	Boys	9yrs/over	50m	Backstroke
109	Girls	9yrs/over	100m	Backstroke
110	Boys	9yrs/over	200m	Individual Medley

SESSION 2 (start to be advised based on entry level)

201	Girls	9yrs/over	200m	Individual Medley
202	Boys	9yrs/over	50m	Breaststroke
203	Girls	9yrs/over	50m	Breaststroke
204	Boys	9yrs/over	100m	Backstroke
205	Girls	9yrs/over	50m	Backstroke
206	Boys	9yrs/over	50m	Freestyle
207	Girls	9yrs/over	100m	Freestyle
208	Boys	9yrs/over	100m	Butterfly
209	Girls	9yrs/over	100m	Butterfly
210	Boys	9yrs/over	200m	Freestyle